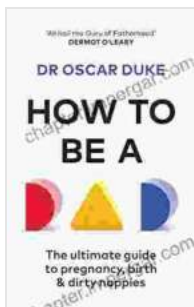


The Ultimate Guide to Pregnancy, Birth & Dirty Nappies

Everything you need to know to prepare for and navigate the journey of pregnancy, birth, and the first few weeks with a newborn.

Congratulations on your pregnancy! This is an exciting and special time in your life, and it's important to be prepared for what lies ahead. Our comprehensive guide will help you to understand everything you need to know about pregnancy, birth, and the first few weeks with a newborn. We'll cover topics such as:



How to Be a Dad: The ultimate guide to pregnancy, birth & dirty nappies by Oscar Duke

★★★★☆ 4.6 out of 5

Language	: English
File size	: 6213 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 191 pages
X-Ray	: Enabled



- The signs and symptoms of pregnancy
- What to expect during each trimester
- How to prepare for labor and delivery
- What to expect during labor and delivery

- How to care for a newborn
- The challenges and rewards of parenting

We know that pregnancy and childbirth can be overwhelming, but we're here to help. Our guide is packed with practical advice and tips from experts, so you can feel confident and prepared for the journey ahead.

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This essential guide is available now for just \$19.99. Free Download your copy today and start preparing for the most amazing experience of your life.

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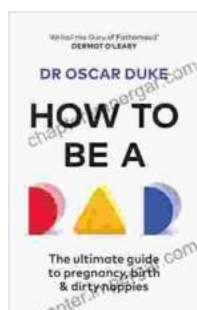
'All hail the Guru of Fatherhood'
DERMOT O'LEARY

DR OSCAR DUKE

HOW TO BE A



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& dirty nappies

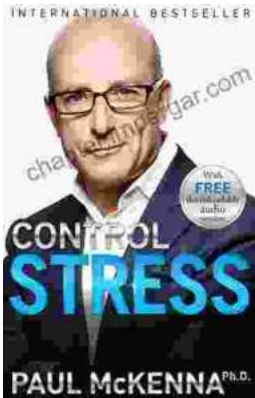


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