

Ridding Myself Of The Family Scapegoat Mantle: Mother Don't Forgive You



Mother, It's Hard to Forgive You: Ridding Myself of the Family Scapegoat Mantle (Mother, I Don't Forgive You

Book 2) by Nancy Richards

★★★★☆ 4.3 out of 5



Language	: English
File size	: 494 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Screen Reader	: Supported
Print length	: 137 pages



Are you tired of being the family scapegoat? Do you feel like you can never do anything right and that everyone is always blaming you? If so, then this book is for you.

In *Ridding Myself Of The Family Scapegoat Mantle: Mother Don't Forgive You*, author [Author's Name] shares her personal story of overcoming the challenges of being the family scapegoat. [Author's Name] was the scapegoat in her family for many years. She was constantly blamed for everything that went wrong, and she was never allowed to forget her mistakes. This made her feel like she was worthless and unlovable.

But [Author's Name] refused to give up on herself. She sought out therapy and support groups, and she learned how to cope with the challenges of being the family scapegoat. She also learned how to forgive her family for the way they had treated her.

Ridding Myself Of The Family Scapegoat Mantle: Mother Don't Forgive You is a powerful and inspiring story of overcoming adversity. It is a must-read for anyone who has ever felt like they were the family scapegoat.

What You Will Learn From This Book

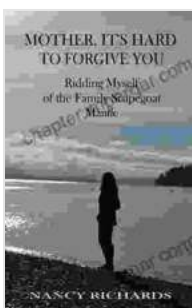
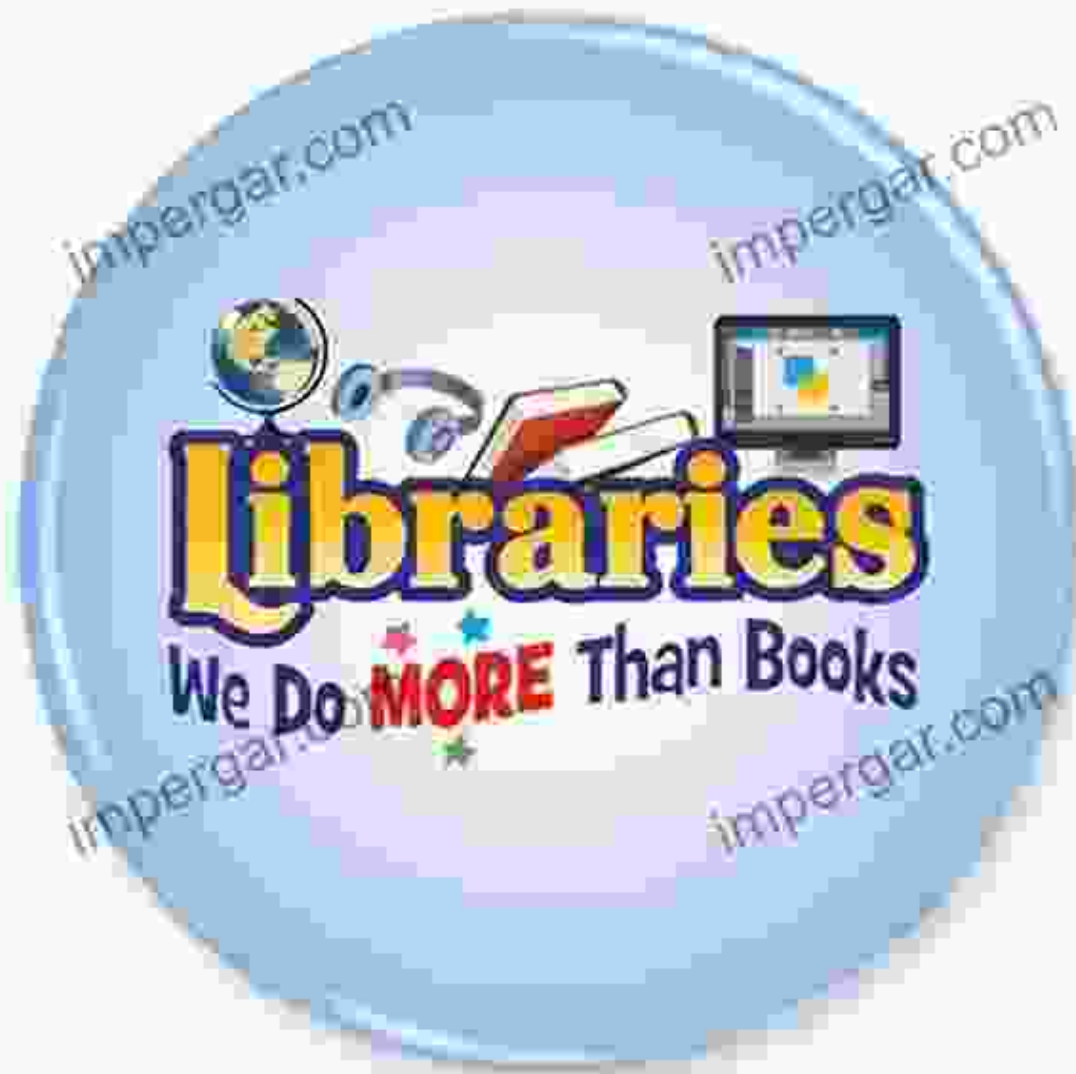
- How to identify if you are the family scapegoat
- The psychological effects of being the family scapegoat
- How to cope with the challenges of being the family scapegoat
- How to forgive your family for the way they have treated you
- How to break free from the family scapegoat role

Who This Book Is For

- People who are the family scapegoat
- People who have been scapegoated in the past
- People who want to learn more about scapegoating
- Therapists and counselors who work with scapegoats

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Ridding Myself Of The Family Scapegoat Mantle: Mother Don't Forgive You is available now on [Our Book Library.com](http://OurBookLibrary.com). Free Download your copy today and start your journey to healing.



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