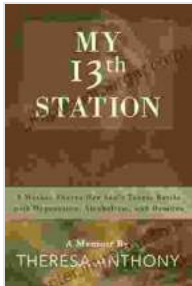


# Mother Shares Her Son's Tragic Battle With Depression, Alcoholism, and Demons



## My 13th Station: A Mother Shares Her Son's Tragic Battle with Depression, Alcoholism, and Demons

by Theresa Anthony

★★★★☆ 4.7 out of 5

Language : English  
File size : 804 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 372 pages  
Lending : Enabled





As a mother, there is nothing more heart-wrenching than watching your child struggle with addiction and mental illness. My son, Michael, was a bright and talented young man who had the world at his feet. But he also had a dark side that he couldn't control.

Michael's addiction began with alcohol. He started drinking in high school, and by the time he was in college, he was drinking heavily every day. His grades started to slip, and he began to withdraw from his friends and family.

We tried to help Michael, but he refused to admit that he had a problem. He said that he was just having fun, and that he could stop drinking whenever he wanted. But we knew that wasn't true.

As Michael's drinking escalated, so did his depression. He became increasingly withdrawn and isolated. He stopped going to class, and he lost interest in the things he used to enjoy.

We knew that Michael was in trouble, but we didn't know what to do. We tried to talk to him, but he just shut us down. We tried to get him help, but he refused to go.

Finally, when Michael was 21 years old, he overdosed on alcohol and drugs. He was rushed to the hospital, and he was put on life support. We were told that he might not make it.

We stayed by Michael's bedside for days, hoping and praying that he would pull through. But it wasn't meant to be. On the third day, Michael died.

Michael's death was a devastating blow to our family. We were heartbroken and lost. We couldn't believe that he was gone.

In the years since Michael's death, I have learned a lot about addiction and mental illness. I have learned that addiction is a disease, and that it can affect anyone, regardless of their age, race, or gender.

I have also learned that mental illness is a serious condition, and that it can be just as debilitating as addiction. I have learned that there is no shame in seeking help, and that there is hope for recovery.

I share Michael's story in the hope that it will help others who are struggling with addiction or mental illness. I want people to know that they are not alone, and that there is help available.

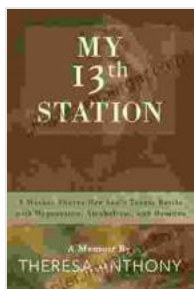
If you or someone you love is struggling with addiction or mental illness, please reach out for help. There is hope, and there is a way to get your life back on track.

### **Warning signs of addiction**

- Changes in mood or behavior
- Withdrawal from friends and family
- Loss of interest in activities
- Increased secrecy
- Financial problems
- Legal problems

### **Warning signs of depression**

- Sadness or hopelessness
- Loss of interest in activities
- Changes in appetite or sleep



### **My 13th Station: A Mother Shares Her Son's Tragic Battle with Depression, Alcoholism, and Demons**

by Theresa Anthony

★★★★☆ 4.7 out of 5

- Language : English
- File size : 804 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Print length : 372 pages
- Lending : Enabled

FREE

DOWNLOAD E-BOOK



## Take Control of Your Stress with Paul McKenna

Stress is a major problem in today's world. It can lead to a variety of health problems, including high blood pressure, heart disease, and...



## Sizzling At Seventy: Victim To Victorious: A Transformational Journey of Triumph Over Trauma

At seventy years old, most people are looking forward to a quiet retirement, enjoying their grandchildren, and taking up hobbies. But not Barbara Becker. After a lifetime of...