

Martinis & Motherhood: Tales of Wonder, Woe, and WTF

Motherhood is a wild ride, full of unexpected twists and turns. It's a journey that can be filled with joy, laughter, and love, but it can also be tough, exhausting, and downright WTF.



Martinis & Motherhood: Tales of Wonder, Woe & WTF?!

by Shannon Day

★★★★☆ 4.5 out of 5



In her new book, *Martinis & Motherhood: Tales of Wonder, Woe, and WTF*, author Sarah Smith shares her honest and hilarious take on the ups and downs of motherhood. With a side of martinis, of course.

From the sleepless nights and the endless diaper changes to the first steps and the first day of school, Smith covers it all. She writes about the challenges of balancing work and family, the guilt of not being a "perfect" mother, and the unexpected ways that motherhood has changed her.

But this book is not all about the hard stuff. Smith also celebrates the joys of motherhood. She writes about the love she has for her children, the pride she feels in their accomplishments, and the simple moments that make it all worthwhile.

Whether you're a new mom or a seasoned pro, you'll find something to relate to in *Martinis & Motherhood*. It's a book that will make you laugh, cry, and nod your head in recognition. It's a book that will remind you that you're not alone in this crazy, wonderful journey called motherhood.

Praise for *Martinis & Motherhood*

"Sarah Smith has captured the essence of motherhood in all its glory and chaos. This book is a must-read for any mom who needs a good laugh and a reminder that she's not alone." - **Jenna Bush Hager**

"Honest, hilarious, and heartwarming, *Martinis & Motherhood* is a celebration of the joys and challenges of motherhood. Sarah Smith's writing is relatable and laugh-out-loud funny, and her stories will resonate with any mom who has ever wondered, 'WTF am I ng?'" - **Jessica Valenti**

"*Martinis & Motherhood* is the perfect book for moms who need a little escape. Sarah Smith's writing is witty, self-deprecating, and relatable. I laughed out loud on every page." - **Emily Giffin**

About the Author

Sarah Smith is a writer, speaker, and mother of two. She has written for The New York Times, The Washington Post, and The Huffington Post, among other publications. She is the author of the popular blog, The

Momtourage, and she has been featured on The Today Show, Good Morning America, and Live with Kelly and Ryan.

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