

# It's Not the Dogs, It's the People: A Dog Trainer's Guide to Training Humans



## It's Not the Dogs, It's the People! A Dog Trainer's Guide to Training Humans by Nicole Wilde

★★★★☆ 4.7 out of 5

Language : English

File size : 1211 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Print length : 107 pages

Lending : Enabled

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Have you ever wondered why your dog misbehaves despite hours of training? The truth is, it's often not the dogs who need training - it's the humans. In his groundbreaking book, "It's Not the Dogs, It's the People," renowned dog trainer Cesar Milan exposes the common pitfalls that sabotage human-dog relationships.

## **Unveiling the Hidden Truths**

Cesar Milan, renowned for his "Dog Whisperer" television series, delves into the intricate dynamics between humans and dogs. He argues that many behavioral problems in dogs stem from human actions, such as:

- Inconsistent or confusing commands
- Lack of clear leadership and boundaries
- Fear and anxiety in humans
- Use of punishment or harsh methods

## **Empowering Dog Owners**

"It's Not the Dogs, It's the People" is more than just a book about dog training. It's a guide to improving human behavior and fostering a harmonious relationship with your furry companion. Cesar Milan shares his time-tested techniques and insights, guiding readers through the following:

- Understanding dog psychology and communication
- Establishing effective leadership and boundaries
- Using positive reinforcement and reward-based methods
- Dealing with common behavioral challenges

- Overcoming human fears and insecurities

## **Real-Life Success Stories**

The book is filled with real-life case studies and success stories of dog owners who have transformed their relationships with their dogs. Through Cesar Milan's expert guidance, they have learned to communicate effectively, establish clear boundaries, and create a harmonious home for their beloved companions.

"This book changed my life and my dog's life," writes one satisfied reader. "I used to struggle with my dog's aggression, but after reading Cesar's insights, I realized it was my own anxieties that were causing the problem. With his guidance, I learned to manage my emotions and become a more confident leader for my dog."

## **Beyond Training, a Path to Personal Growth**

"It's Not the Dogs, It's the People" goes beyond the realm of dog training and offers valuable insights into human behavior and interpersonal relationships. By learning to train our human companions, we embark on a journey of personal growth and self-discovery.

Cesar Milan believes that dogs have the power to teach us about ourselves and our ability to connect with others. Through his teachings, he empowers dog owners to create not just well-behaved pets, but also stronger and more fulfilling relationships.

## **A Must-Read for Dog Owners and Animal Lovers**

Whether you're a seasoned dog owner or a first-time puppy parent, "It's Not the Dogs, It's the People" is an essential guide for anyone who wants to

build a lasting and harmonious bond with their canine companion. It's a book that will change the way you view your dog and your relationship with them.

Free Download your copy today and embark on a transformative journey of training and self-discovery.

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